

09:09:23 Good morning, Erin Stabile. It was a good name.  
09:09:30 Hi! hey! Good to see you! How do we do this?  
09:09:36 How do we juggle, Dude? If you knew the fucking?  
09:09:40 Half of it is ridiculous. Oh, to be human! Oh, to be the human mom who has to do everything.  
09:09:50 No exactly right and like the go-to like you know it's just.  
09:09:58 It's constant right children, animals, life job clients me? right I mean where do we?  
09:10:04 Where do we fit in? I'm definitely last on the list like and ends?  
09:10:10 Event. Anxiety has just been like through the proof so like he's like not leaving my side.  
09:10:15 It's like he used to kinda like go way down at 9 or whatever.  
09:10:20 Now it's like that was kind of like my time to like like you know.  
09:10:30 Yeah answered all the universes questions that it's like okay So now Elsa has diabetes, so I have to give her insulin twice a day.  
09:10:42 Oh, and Paco still holds on so he gets heart medicine 2 times a day, so it's like you can't.  
09:10:49 I can't be away from Elsa for more than 12 h at a time her insulin is not under controller blush or is not under control. so I see her every week and get her fucking blood  
09:10:58 checked. Oh, my gosh well, and it's hard I think too, to be a healer right I mean because we want to heal.  
09:11:06 I go in every week, and I'm like We're gonna have to go up, and they're like we'll see.  
09:11:10 I'm like No. . well and don't you think, too, that as a healer like some of these vibrations are attracted to us, or these beings are attracted to us or magnetizing to us because they know  
09:11:19 that we're able to help them to heal or able to hold space while they do heal, or even if they're not healing in their I I just got the word d healing I don't know what that is but d  
09:11:29 healing into, you know another state of consciousness we're picked they know we'll take care of them.  
09:11:35 So, for whatever reason you know, they pick us which is fine like our kids, they pick us and it's like as it's good, and it's bad like, Do I want also to pass away no but like we're supposed to go  
09:11:48 to Colorado at the end of the month. Now I have to pay very expensive fees to board her.  
09:11:55 and I'm like is she gonna allow somebody else to give her insulin-like she's very food aggressive, and I can only give it to her when she eats because she's tried to bite me when I've given her  
09:12:02 insulin. So I'm like if something happens while we're in cover at like right all this going through my mind while I was giving her the shot. I'm!  
09:12:11 Like. What is it she fucking? bite them all right you know while they're given her insulin cause they know she's food aggressive, so I don't think they're gonna want to be around her  
09:12:18 Well, she fucking sees that needle and she bites me, I'm like No.

09:12:25 , but you know it's like just the planning and let you know.  
09:12:27 I just think about like, let's hope or visualize that whoever is with her is very in tune with animals, you know.  
09:12:33 So like, Okay, I know this is the reaction. What can I do about it?  
09:12:36 You know this is tricky too, you know what's coming to me is almost like, or the healers we know, and at the same time we need to allow for others to heal or hold our loved ones.  
09:12:49 And then it's tricky too because we're like do they know, you know.  
09:12:52 So it's maybe like that trust too like it's just a trust that we're gonna get this taken care of, or it's gonna unfold, or something I mean I think that's tricky with my son with  
09:13:02 Owen, you know he's going to go into high school next year.  
09:13:05 Well, you know, you have a high schooler and I just get a sense of almost just like okay, like I need to trust that others have got him, and that he's got himself right I mean this isn't  
09:13:19 High school as a whole, Luckily, my kids don't use social media.  
09:13:21 So whether they're talked about, whether whatever I mean I know Bella has been because Jessie is staying with us.  
09:13:28 Used to show me stuff, and but Bella doesn't give a fuck, you know.  
09:13:32 But that's nice and it's also kind of like, Well, belly, you could, you know, not work so pants every day, or make a little bit of an effort, or she's like no I don't give a shit Okay,  
09:13:44 , you know, but as long as I I fear that she puts up that front, we're inside.  
09:13:49 She's probably a little bit more hurt you know that I mean that she won't kind of express, But I worry about that one more year before high school, but he's the way more sensitive and you just wonder right Well, for  
09:14:06 them. No? Well, 2 things are coming to me like one with Ethan and him coming to you at night, and that's your time to connect with spirit that's really hard to multitask That's the first thing that's coming through like with  
09:14:19 this anxiousness like surrounding you so like really could you multitask.  
09:14:24 But another thing that's coming to me too, is that they make it so.  
09:14:27 You know my stepdaughter is here her boyfriend's here, and it's incredible I haven't seen her for 2 years.  
09:14:32 But it's incredible to see how she's made it she just completed her first year of graduate school, and so so on, with things and logical super grounded.  
09:14:43 You can probably feel her. And we had this really awesome talk yesterday in an antique store, and it was so awesome because I was just like she made it.  
09:14:49 She made it. and then also it made me think about like the star children right? and we we are star children.

09:14:55 What's this next wave gonna do you know that's what I wonder, too, because honestly, like they're you know, I feel like in middle school, like just a developmental stage of that anxiousness.

09:15:07 Like, What am I gonna do? And then how do you get through it?

09:15:09 And then looking at Bella, who doesn't give 2 Fox, but maybe she does underneath.

09:15:14 But then, like eventually, they get to where they need to go.

09:15:16 So what's coming to, me anyway? is just like a trust and surrender that they're gonna get there, you know, or they're gonna follow their life path or their own guidance, or you know, that trust and surrender, is

09:15:26 hard as a mom, if you just want to protect them and prevent them from making stupid mistake.

09:15:34 Everybody has to make their own mistakes. Everybody has to go through what they go through and have their experiences so that they can learn.

09:15:39 But I know you and I have had more more challenges than some less than others, and we just don't want them to ever feel alone are left out, or you know any of those things that you know we've been through, as soon as you

09:15:53 know we're we're slightly adult dish we were on our own.

09:15:57 So you have to figure it out. You have to pay for college.

09:15:59 You have to navigate college, you have to figure all the things out and like.

09:16:02 You just want to guide them without telling them what to do which was a huge challenge for yeah, I agree with you like

wholeheartedly. and you know It's interesting, because I know I reached out to before we got on about like illusions, and right

09:16:17 now as broker retrograde. So you know I just think about illusions and illusions coming to the surface.

09:16:23 And for me, anyway. tons of my old wounds of rejection are coming to the surface.

09:16:26 Franticness, anxiousness like all of this and it's like I feel like, too, and you're a leader, and I feel like sometimes it's a hard hard to be a leader, and experiencing this experiencing everything that you're going

09:16:37 through all these illusions, and at the same time it's almost just like we need to get through them to get to the other side.

09:16:43 So it almost makes sense that you just bring up like what you and I have both been through you know we've been through a lot like i'll just call it developmental trauma.

09:16:51 So with that. Then what do we do with that we want to help people who want to save people who want to help people?

09:16:55 I said it again, where the heel people but at the same time, like with these illusions coming up, we're simultaneously healing, growing, evolving well at the same time, leading. and and that can be hard I'm

09:17:06 just curious if you're noticing it too, yeah because and it is hard.

09:17:11 It's a hard line, because I always try to be honest I always

talk about what's going on.

09:17:16 I always talk about the hardness and that you know your spiritual journey isn't just fucking sunshine and rainbows and unicorns and bullshit it's hard and it's heavy and it's it's you

09:17:24 can't you can't go back to your old ways of not dealing with it, and not processing and hiding, and from that's me personally hiding from what was happening I didn't hide from what was happened

09:17:35 but I I hid my emotions because I didn't know what to do with it.

09:17:37 I stuffed them down like. but now they're hard and they're having to have to process them, and figured out.

09:17:44 So with my grandma just passing. It was way harder than I expected, even though I was ready for her to go like she deserved to not be stuck, you know, in a body, and I was like what do I need to be doing do I

09:17:53 need to clear it. What do I they're like you just need to sit with it.

09:17:57 I'm like bu really like I do I really have to and they're like, Yeah, you have to just sit with whatever comes up process.

09:18:02 It feel it. And don't try to rush through it because a lot of times those healers and everything that we do.

09:18:08 We're like, Okay, what do we need to do to like move past this?

09:18:10 And they're just like no this is you need to sit with this I'm like. So you want me to sit and be unhappy and sad and crying all time and and they're like Yeah, you that's what

09:18:18 you need right now I'm like Well, that's not very productive in business in my life, and everything else that I have to do, and and they're like but that's what you your soul needs and I'm like fine you know so it's kind of

09:18:29 like that you have that blindness that's it too like just like retort, like you know here we are.

09:18:37 But it's like a leaning in too and I really appreciate you bringing that forward just because I feel like you've been there.

09:18:42 And just like, I said, we want to go fast with this.

09:18:45 But at the same time we also want to be able to to truly heal.

09:18:48 Like truly be in that pure form of healing you know and I love, that you bring that forward because I just get a sense like I just keep having to lean in and it's good things like I did a deep dive brain

09:19:00 spotting for 2 days. It was absolutely incredible, and what was coming to me that I was feeling love and shame.

09:19:06 At the same time I was feeling grief and gratitude at the same time.

09:19:09 That is fing hard. Okay, that is fucking hard it's confusing I feel happiness when I'm getting like That's a Dick move like really is that where we're at like it should be one or

09:19:23 the other. I should either be fucking miserable or I could be okay, but it's like as healers, as as intuitive as people who read

other people and feel other people, and no other people like and I think that is

09:19:34 something that makes us unique in our journey is we could already feel our client before they come in.

09:19:40 We can already know what's going on like if somebody books I can already feel their anxiety.

09:19:44 It's like having that knowing that Okay, this you know, there's some deep stuff happening we need to figure it out, but not like allowing it to destroy you like all that stuff.

09:19:55 Used to destroy me, you know. it was so heavy, and it was so hard, and it was so.

09:19:59 It was too much. They didn't know what to do with it Now you know what to do with it.

09:20:04 Okay, I know it's not mine I understand it I'm not keeping it, you know. I don't need it right now.

09:20:09 We'll talk about it in the session but thank you for bringing it forward. That's what I just told Spare.

09:20:14 Alright, I know what we have to do with they'll show me flashes. They'll show me past lines, so we'll do all the stuff, and it's like a 5 min like recap of what's going to happen

09:20:20 before it happens so it's like preparing you ahead of time like, Okay, and then I can kind of clear it and be done with it, you know.

09:20:28 So you Don't have to stick with it anymore. you don't have to let it linger, and I don't have to go back to old Erin, who didn't really know what to do with that stuff or so true

09:20:37 right. What a relief Yeah, I'm glad you're being that forward, too. That's actually very healing for me as I'm listening to you, because I'm just kind of actively healing in this I mean maybe we

09:20:45 always are. But I'm like really processing right now so I like that.

09:20:48 You bring that forward because it's like you don't need to go back to the old ways, and it's really interesting, because, like with this simultaneous like feelings, or you know witnessing this like I have opportunity to

09:20:59 evolve and I feel like with this too, it's amazing to be able to witness that evolution and to be presented with these opportunities.

09:21:09 I mean It's really interesting to me because I'm feeling the love on like a higher level, more in-depth level, and it's scaring the mother fucking shit out of me so you're not used to feeling that Well, even though we have good spouses and great

09:21:20 children. I'm still not used to feeling like it's unreasonable to me, I don't know about like we're so used to our default right I don't need to wheel it

09:21:38 It's Okay, I love this cause this is our internal dialogue right?

09:21:43 And you know it's, Interesting because it just recently. cycle itself like coming back to your core self like, Okay, you're confident you're ready.

09:21:49 Use you, you know, feeling comfortable in situations. and I keep getting glimpses of that.

09:21:54 and I'm like okay, that I'm there and then I'll go other places.

09:21:57 But like I said it's scaring me and then what do I do with that fear, and it's interesting.

09:22:03 I'll sometimes I'll push the level away because it's just huge and expansive in amazing But then what happens when I push it away like for every action there's an opposite equal reaction, and that happened just this last week.

09:22:17 Where I didn't even realize I was pushing it away.

09:22:21 But then, recognizing, I feel like not going into my old self like Oh, my gosh!

09:22:24 Like. I'll never get that again. but more. like hey?

09:22:29 You got a chance for repair here, you got a chance to be able to know.

09:22:32 Okay, I had a hard time receiving that love that's Okay, I'm.

09:22:36 I'm gonna get another chance and what's interesting to me what came through like this morning with manifestation was almost like the receiving is the hardest part.

09:22:44 But what was coming through today was receiving consistently so I can receive that like expansive love, like here there whatever.

09:22:52 And then I'm like like a little scared bunny like, oh, just getting

09:22:55 But that's that love and fear simultaneously a little bit of throat stuff.

09:22:58 Huh! But I just get a sense like with that now I'm like, Can you receive it consistently? And no pressure?

09:23:04 And I don't want to beat myself up If I'm not able to.

09:23:06 But is that a possibility? I'm thinking yes right it's kind of like?

09:23:12 So like with my personal power symbol, I put it in front of me for any type of moon energy, and I ask that the moon filter through it so that I can use it for my highest and best good instead of hitting me like a

09:23:21 Mac Truck, and sending me off the deep end so that's what just came to me with like the love part because I think about that like.

09:23:29 Well, I'm lucky to have my husband like Why, am I not closer, or you know, and it's like it's that protection. And that is this really true?

09:23:38 Is it safe? is it you know, and there hasn't been consistency like a lot of consistency with love or people in my life.

09:23:46 So it's like even though he's been here 20 years, and he's never once not acted the same towards me, you know It's still like a hard and mix of you know that kind of that protection and that is

09:23:59 it same. Is it? Okay, Yeah, that's really good I like that you just said that that just hit me like the protection and the safe.

09:24:05 Is it good? And you know my story? Morning Glory is, you know, just like growing up in a non-traditional household, you know.

divorce. you know.

09:24:14 We had these 3 sisters that mom just really just hate hate me.

09:24:20 And so I feel like with that, like that sisterly love, or that friendship, love, or even a sense of maternal love that I was hoping to get.

09:24:27 And I didn't get you know it was misconstrued You didn't really know what love was exactly good call.

09:24:37 I'm glad you said that in my house it was like there.

09:24:39 Nobody ever said I love you it was always screaming like top of the lungs or so, so it's like I had to learn to just when I spoke up.

09:24:46 I wasn't hurt and I wasn't seeing so you just like okay, I'm not important.

09:24:51 Not So that for me it's been a lot but love. Yeah, you just send that actually, because it's like it almost only makes sense that okay, like I'm just gonna point to you And it it only makes sense.

09:25:02 That receiving love would be hard based on what you're brought up with it would only make sense.

09:25:08 You'd have reactions or actions the way you do and then the same with me.

09:25:12 It would only make sense that with my developmental trauma, with that, as I receive love at a higher, more deep level, I would have those reactions and actions

09:25:35 Am I safe this time? Here, Am I gonna get it the block of my knee?

09:25:41 What's that? that's it I love that you said that they really got to be vulnerable today like this. I'm not sure if I'm ready for that go there. i'll just be difficult. like I like to that's Why, I'm, a little

09:25:59 difficult. I'm just gonna be difficult I Think too, like just being able to offer that for our own children like It's Okay, you're the way you are, but also offering that to ourselves.

09:26:10 Like our in our childlike it's okay you're that way and I love that.

09:26:14 You brought up about the landmine because I was kidding that this morning as well.

09:26:16 That's interesting that you got that as well, because it's almost like what? what's easier like you know, and I was doing for the vip the sole essence course, on Thursday kindred spirits so almost like

09:26:28 kindred spirits. have very similar soul essences and the thing of it is that it's loving and caring and wonderful and comforting.

09:26:35 But it's also toxic and trauma yeah fucking not meant to be together because they're so fucking It's just explosive sexual exciting but you fucking yell and

09:26:53 there's whatever you know there's just a lot of times that those end up being super talks Well, and it's tricky because they were sharing with me, because as you're sharing that that makes me feel

like

09:27:02 The twin flames, you know, are that kind of all at all, and the kindreds are really interesting.

09:27:09 And this is just what was coming to me then, and I love your 2 cents on it as well.

09:27:13 But just that the kindreds are like a vehicle's sole essence, and they can trigger each other.

09:27:19 It's all for evolution. So it's okay like that growth and whatnot. Thank you.

09:27:24 That makes sense to me. they're showing me like and as you're able to overcome it.

09:27:28 You evolve even more. So if you're able to you see these kindreds, and they're always going to be around thinking that makes sense to be there, showing me like they'll always be around and it was interesting and i'd love

09:27:38 your 2 cents on this again because it's like that twin flame Energy feels like that volatile mirrors like an explosive.

09:27:43 And then they were sharing with me that the soul mates are almost like.

09:27:46 There are 2 separate souls linked together. and then they said the kindreds again. I want your 2 cents on this, but they said, the kindreds are almost like 2 very very similar soul essences.

09:27:56 Souls almost feel like the same, because they have the same lessons, and that type of thing is meant to come together, pulled from God Source very, very close together.

09:28:04 And it was interesting, too, because you know Theresa turner she's awesome.

09:28:09 But she just asked, she goes so why you know so with this, too, with the kindreds to bear with me a lot of stuff's coming through. but with the kindred spirits it's interesting because they were sharing like this has

09:28:19 already been planned before you were even into body so this was planned with soul, with God, source with spirit, with you know, omnipresence, entrepreneurs had such a good question.

09:28:29 She's like, But why? what you know almost like Why are they like if it's gods, why are they choosing that?

09:28:36 And it's because that vibration vibrates very very similar with that same vibration does that make sense? Yeah.

09:28:41 So it's like you know we're lighthouses we're beacons for souls to find us so they have that.

09:28:47 And it's like a past past past past past life frequency like, I know you want to.

09:28:53 Your guys is is one of your past life. people. One of my guys is one of my past life.

09:28:58 People, and usually my main God and I are in lifetimes together.

09:29:02 He's like no this time you have to do it and I'm, you know.

09:29:05 So it's there there's always that connection energy you know and it's.

09:29:09 How do you come together? How do you come together in a



health and safe, safe way, you know.

09:29:13 Are you meant to be together? Are you meant to be friends?

09:29:16 Are you meant to grow together Are you meant to learn a lesson from each other like That's where loved can get dicey because a lot of people fall into the same unhealthy routines, and patterns because of what

09:29:26 we're used to or accept or allow or wherever we're at in life, and you know, before I met Frank, I was always with.

09:29:33 I don't want to say toxic people but people who'd never really had my best interest in in at heart, you know, and until I finally my body my soul, my mind took a stand I'm like I'm done I'm only going

09:29:45 to accept somebody that's going to be a good father a good husband, somebody I never have to question somebody, never have to worry about, and it was like it was like I had to make that ultimatum.

09:29:56 So if you have that kindred spirit if you have that soul, and it's toxic or painful, you know, is it really right for you just because you have that I had that connection with somebody one time Oh, keep rolling I

09:30:10 got you person for me. he had commitment issues he couldn't, you know, and that's so longing to to have that type of a connection was great, but he wouldn't have been a good husband, or you know like he was

09:30:24 Jewish. I was Catholic, like there was no way. and He told me he's like my family wouldn't accept you so like you know what I mean, and it's like there was no making it work there was There was nothing

09:30:35 like that. So yeah, that was a great connection. but we wouldn't have had a good life together, you know what I mean.

09:30:42 So this is yeah. does that sorry keep going that's where we get our choices?

09:30:50 And now that I understand our soul is our soul. our human self is our human self, like that stuff makes sense.

09:30:55 But when you're in love and when you're finding love and when you're trying to figure out a love and you're tired of incurred and you know you have to start really sorting that out like is this the sole connection is

09:31:06 this really gonnabe what's best for your human and soul self the rest of your life?

09:31:10 You deserve more you deserve better you don't have to settle, you know, if you want to have a kid, There's other ways like you know.

09:31:17 There's a 1 million different scenarios to love and that connection, and a lot of people are like I just want that burning great sex and like connection, connection, and it's sometimes you get one or the other and you could build a good sex.

09:31:29 Life. If you have an amazing life together, you know like it's not a one or the other.

09:31:33 You don't have to have your twin flame or a kindred spirit, you know, like you can have somebody That's an amazing partner and spouse and father, mother, whatever it is, and you can build that connection you can grow it if you're invested

09:31:48 in a lot of people just want the connection without the work like Well, it it's like taking a shit with no toilet paper.

09:31:56 It ain't gonna work like I can endure you yeah it's gonna air drive and love it junk up or shit. No, that feels so good erin because I just feel like that could be for any relationship so for mine you know

09:32:12 it's mentors so I you know probably since 4 years old.

09:32:16 I've looked for a mentor so I just get a sense like It's really interesting to say that because I never found this clean.

09:32:24 I mean you and tell you like I didn't have a state mentor teachers rated me.

09:32:27 They made. They blamed me for things, I didn't do They pinned me, they pigeon hold me they like I I just found out I have adHD like my kids, and I struggled to read.

09:32:35 They made me feel incredibly stupid why can't you understand this? Why can't you read?

09:32:41 Why can't you. you. know and tell you I didn't have a safe mentor, and it's you know it's sorry I interrupt.

09:32:52 No, I I just felt that when you said that. No, I was like I felt that so not no need to apologize at all.

09:32:53 I was just more like probably what we felt for me was like Oh, you know it just I mean, and I think that that's part of that like love that I'm trying to receive.

09:33:01 If that makes sense, You probably felt that I was like you know, and I just get that same sense, though, and I'm glad you're bringing that forward.

09:33:07 It's almost just like thank you that makes sense they're just showing me, like you know, it's a kindred when it's able to evolve repair move forward be taken in unconditionally

09:33:20 non-judgmentally, and it's interesting to me like reflecting on what you just shared with.

09:33:23 You know, your ex and with that it's almost like I'm, thinking about some past mentors, and it felt very kindred, and maybe it. wasn't I was like it's like you wake up. and you're like I think they're berating me.

09:33:43 I think they're yeah they help me to evolve enough, you know, and that makes me feel like, I know, asking spirit like, Is there a difference between like masked kindred spirits and pure kindred spirits right

09:33:57 so like these thank you. I'm just asking questions about this and they're just showing me where they are not kindred spirits then.

09:34:03 But they did help you. tw evolve as long as you could, you need them for a prefer. Exactly.

09:34:12 People go that we look up to but and it's not always that we have to. You know, and that you and I are kindred spirits like I learned from you now.

09:34:19 We work together like i've always been like heather look at these 400 reviews like you know what I mean.

09:34:26 I've always

09:34:36 And I always don't know that like it's just you have to

accept it. allow.

09:34:40 And I can't force you to do that but I can always remind you how amazing you are.

09:34:43 I can always remind you how much of an impact you have.

09:34:47 You know all of those things we have to ask, allow, and receive.

09:34:50 We have to accept you know and it allows him to bring it to you and you have to receive it You

09:35:00 know I love it. You bring that forward, cause I just feel like then, that you know us being kindred of just like, you know.

09:35:06 Heather looks like Erin is trying, has been trying and helping you to receive, and I feel like we can take a little bit at a time.

09:35:13 I mean you notice how hard it is for me to receive like even as you're giving me, that's the reality too, right So like with these mentors like getting to this point and I'm in a really great spot.

09:35:28 Right now. well, did you hear my voice get really clear?

09:35:30 That was weird but awesome at the same time. So awesome.

09:35:36 It is weird and awesome, but I just get a sense like, Thank you.

09:35:39 I feel like spirits saying, like heather, be in the sense of safety and security, and comfort, and receiving, and like, let yourself know that this is reality.

09:35:47 And this is truly kindred. and oh, my gosh! my voice just keeps getting clearer and clearer.

09:35:53 Are you noticing this that's Joel if you if anybody's wondering right there because I had I did a screenshot last night, and it was the most random thing it was like a picture of someone, and then it

09:36:04 said, 8, 4, 8, and it wasn't the time it was just like other statistics.

09:36:09 And I was like, are you kidding me right now and it's, you know, as I'm really trying to facilitate and understand

09:36:18 My connection and my like sense of love, you know, with collaboration and mentorship and that type of thing, and it and I so I I was like, Did I see that right?

09:36:25 So I took another screenshot, sure enough, sure shit right, and then I'll send them like no, and it took another screenshot.

09:36:31 But what was funny is, I I wasn't taking the same screenshot of the exact same like whatever that came across my screen.

09:36:38 Thank you. they're just showing me I was just asking him. how come it wasn't the exact same and they were like it was, but it was you changing your perception each time to receive.

09:36:49 And so I just get a sense like with that with kindergarten, and just asking the more questions about kindreds, cause I'm super curious about this like for me again, mentoring again love again being able to receive and accept and then just coming

09:37:00 to this reality where it's almost just like hey? this is reality. You You are with kindreds right Now you are with very similar vibrations.

09:37:08 Right now you are safe to receive you are safe to love you are safe to give and receive and thinking that makes so much sense to me.

09:37:16 They're showing me like when you meet those people that are at that same vibration kindreds.

09:37:18 Then you can expand that out to the universe. then you can expand that out even higher. Right?

09:37:24 So I just get a sense of almost just like I love. I give love.

09:37:26 I want to be from pure of heart, and with that human connection of love, of kindred, of that kind of thing, I can give it tenfold a hundredfold, a thousandfold infinity fold, which is really truly what I feel like is

09:37:39 my life Purpose is to be able to help, heal, shift, allow for love and love for other people, to feel love.

09:37:45 But I gotta feel it. This matrix, this soul essence, has got to feel at first right well and think about it.

09:37:53 Every damn session you have. you are giving that love you are giving that healing.

09:37:56 You are giving that information to help them. heal and you're not there allowing yourself to receive the impact.

09:38:02 You just had on that person. How many sessions are you having, like 1020, like you're impacting 20 people a week?

09:38:08 How many people are in VIP 91 95 under That's 105 people that you are impacting in a positive way every single day like you have to. start it.

09:38:20 It's so funny, because I think it's and we're as we see, well, and I think that that's beautiful, too. Erin Thank you Jesus Jesus came into Jesus Joel like these are

09:38:34 all my right head men. but I love that too, because I feel like that really helps, you know, to.

09:38:39 I hope our listeners as well. the Mentor men again.

09:38:46 Just use it by your face, that mentor-mentee relationship, and how that we get to this spot or this, and it's not even like one spot, because we continue, but almost like you see me like it, and it turns into this collaboration, and you

09:38:56 know us being able to assist their evolution together. As you know I love that I love, that I was able to step in and be that mentor.

09:39:04 At the same time I'm, very humble because look at you like, I just think like holy shit erin like you're being able to reflect back to me, girl, would you look at this.

09:39:13 Would you look at this, would you look at this when You're gonna do this, and I just think, like not a rule reversal by any means, but just witnessing that we were able to assist.

09:39:21 You to evolve. And then with that, too, I was evolving at the exact same time.

09:39:26 And now we get to evolve even further together. Does that make sense

09:39:35 People that stick around in our lives, and people that you

know We can actually rely on and count on, and all of those things, you know for me a lot that's really been coming up is not being seen, not being heard you know

09:39:48 my job my life. my you know and it's you just start realizing how invisible visible but an interesting thing came up.

09:40:01 It was like I do a lot of work in the apache records and clearing, but I've never cleared.

09:40:06 My star lives in there like you gotta do that too I'm like holy fuck!

09:40:08 Why didn't they anybody like you know I was like you guys have been sitting here this whole Time do tell darling there was a crazy.

09:40:27 So I was working with like last week kind of the money and the being like always just having enough never having more never having extra money to buy the shoes that I need without charging or like it's like.

09:40:38 There's enough for us to have exactly what we need and nothing more, unless it's like I get a loan. Are you the credit card?

09:40:45 You know what I mean. And so this Their clearing was like ridiculous.

09:40:52 Every type of galactic being you could ever imagine.

09:40:55 There I was in the center. I was chained, and they were showing me the lifetime that had happened, and how to heal it.

09:41:03 Every type of being was in a circle with its own type.

09:41:06 Circle circuit or something, and they all had their hands like this, and they started to wave, and they were making this vibration.

09:41:12 And that's how they were clearing. so then at the end they all slam it down, and then you just blast everything, and the chains blast off, and I was like, oh, already then, you know, like my clearings are super crazy, that's awesome, though

09:41:24 amy aw awesome, but i've kind of learned that in my classic like the advanced class.

09:41:30 I'm gonna have to teach some galactic type stuff, because I was like never really even thought about it, like I was just kind of focused on the souls humid side, and not the soul eclectic side so it's

09:41:41 like I love that well, and then that's evolution too.

09:41:45 And thank you for sharing that, and I feel like too. like just talking about mentality. But I just feel like we're both mentors like, you know, and I just get a sense that we're both obviously meant to cost each other's

09:41:55 paths. But where you went with it you know so I just get a sense like with acoustic records and with Shamanism.

09:42:01 And now, you're coming to this space and this time and you know it's so beautiful to be able to witness like, yeah advancement beyond that, like we need to go to the galactic side of this like it and I

09:42:11 feel like, too like you're getting these incredible downloads and I feel like thinking that makes sense.

09:42:16 Got it. they're, just showing me like it's almost like  
Sometimes we just need that person to like almost like, give you a  
hand and be like leap.

09:42:22 Go, you know, kind of thing, you know how when we were little  
and we wanted to climb a tree, and somebody put their hands together.  
We put our foot in their hand, and, like the person underneath like  
boosted them up I feel like that's what

09:42:32 we need. And with that what's beautiful about that is that  
look where you are like with the cache the Dna activation girlfriend  
like that shifted me like no other.

09:42:42 But yeah, And then the shamanism and I mean you're raking  
your power symbols like that's where you went with it.

09:42:48 Do you know what I mean like that was all you sure here's  
your boost?

09:42:54 I believe in you let's do this let's get your guest rolling.

09:42:57 But look where you are now, like you pull blowing my mind  
even though my pendulum.

09:43:01 I'm like where the hell is my pencil I work together like once  
or twice a week, a lot for the very first year, and that's great.

09:43:10 It was I don't remember when or where it happened but I was  
just struggling with protection.

09:43:15 I think it was after mediumship you know because we went  
through the kind of the specific like protection stuff I'm like It's  
not working.

09:43:21 I'm I'm not I'm not a good medium I'm not. And I I can't I  
think it was right around them when you're just like you just gotta  
make it work like it's okay, to

09:43:28 shift, and change, and it was like I needed that permission  
to not be, cause I felt like I was going against you, and I didn't if  
I couldn't make it work, how you had it because I'm like Oh, my God  
she's really

09:43:40 good at it, if I can't make it work what she has like then  
I'm not good, or you know i'll never be a good medium, or I you know  
I'm a fraud or all those things and it was like it was

09:43:48 like I needed kind of like that boost that permission from  
you to be like you got it work, and it, and that you weren't offended  
that it wasn't working for me, and I think that was where I never want  
to

09:43:58 hurt somebody's feelings. I never want to offend them I  
never!

09:44:01 You know I never want to be, the cause of somebody's pain or  
emotional trauma, or that's something I've always been very cognizant  
of, because that was something that happened to me all the time.

09:44:09 And nobody was ever cognizant of my feelings or how they hurt  
me, or so that you know that's super survival impact life.

09:44:16 I was the complete opposite is always been self-sacrifice.  
i'll self-sacrifice myself a 1 million times over, if I can help  
somebody else.

09:44:23 If nobody ever helped me or concentrate on me, or gave me the  
timer energy that I gave other people.

09:44:30 So I just stopped expecting it, and just started helping others, you know, and that was a big thing to learn, too, like.

09:44:40 Wow! I did that because I could never count on anybody or depend on anybody, and nobody was there for me when I needed them, or you know.

09:44:45 So you just learned to not expect it and then you're not disappointed.

09:44:50 And you're not heard, and you're not completely you were shown, you can be you, and you can use your gifts.

09:45:00 You can move forward with this the way you need to, Uniquely, you Oh, my God!

09:45:06 Okay, I think tools are right next to me. Did you hear that?

09:45:07 It was like the phone number, Billy. oh yeah, exactly like Throw Billy in the mix, too.

09:45:14 Oh, my gosh! but at the same time like girl you flew, and I feel like there are times that we just need that person to be like.

09:45:20 I believe in you it's you it's whatever works for you and you're not wrong, and this is your matrix.

09:45:27 This is your soul lesson. This is who you are this is where you're going, and with that like look how far-reaching that can go when somebody like believes in us right and especially in the natural world there's just so

09:45:40 much that you can't Google and that's when I had to just learn everything they brought forth in the country records.

09:45:46 I was like dude. I can't tell that to somebody that thinks of fucking nuts, and they're like they'll get it.

09:45:52 It'll be fine and there's only like one or 2 where they're like I'm like it'll make sense eventually, whether you accept it or not like spiritual like it's just kind of a lot to take in

09:46:03 you know, but I just had to learn to start asking questions and when I'm doing that work of where would this be.

09:46:10 Now you know it's probably Scotland or it's probably Ireland, or it's probably you know, because cool back then there wasn't the labels of things that we had you know.

09:46:19 So it's like you just I learned it adapted to okay, Well, this would probably be around this area, you know.

09:46:28 And and really whatever spirit brings forth that's what's important if they don't say where it is if they don't say how many kids you had if they don't like it's not important and I did I

09:46:35 did live on Instagram last night with Eleanor.

09:46:38 It was really awesome talking about grief and kind of how you know.

09:46:42 How do you process your visions and what you're seeing after grief or loss?

09:46:46 And it was. It was just really cool, because, you know, she kind of things kind of kicked out for her after she had some loss in her life.

09:46:55 And you know, How do you decipher that? How do you process it, and how do you understand it?

09:46:58 And I think I forgot my original point of talking about I

think this is beautiful. where, where, where you're going, where you're going, and what you can do, what you can do in somebody believes in you.

09:47:09 What you can do like This is your gifts. This is who you are.

09:47:10 You know all of that like, and I I was just reflexing.

09:47:14 Actually, as we were talking, I was getting kind of teary because I'm like, look we're she's gone like this is incredible like you're taking off in these directions that make sense, and then he makes sense to you like

09:47:23 with the podcast, you know, and just the spiritual, Yeah. perfect.

09:47:29 So, you know, just with interviewing people and getting to know people, and I feel like You've always been a knowledge seeker like You've always been a spiritual, you know.

09:47:35 Openness, and that type of thing and now you're able to like interview people and allow for all of that to come through like.

09:47:42 And look what you're gifting to the world with all that, you know, all of these different people that you're being able to meet and just be able to expand beyond because of that.

09:47:51 And I just think like this is what you did so sure we Started with Riki and mediumship, and you know that's where we started, and you've left into where you needed to go.

09:47:58 And you Didn't need to be you didn't need to be like anybody else.

09:48:03 Erin like. Look how far-reaching you are at this point.

09:48:07 But I think it was like that allowing and I remember you and you're just me to Rachel, and when she was talking about the unicorns and elementals, and also the things I'm like Oh, my God really but

09:48:17 it was like I needed that permission that it's okay to have, Because, like very shortly after that I did a meditation cause it really first in my journey, I did meditation to really heal, Okay, what do I need to understand about

09:48:29 my parents divorced. What do I need to let go? Of what do I need to understand?

09:48:32 Like, and I picked one thing in meditation to like heal or get clarity on, and as I'm walking. I had kind of a specific process for meditating as I'm walking down the forest this giant unicorn comes out. I was like alrighty, and it was. Its name is Sam, and I was like Holy Shit because I use creative writing when my parents were kind of at the height of their stuff.

09:48:56 And I wrote about unicorns. unicorns are my safe place. unicorns were May and it was like, That's still.

09:49:02 I just have bumps now, like Sam, was my safe place, like, even though, say I was imaginary.

09:49:08 And I wrote creative stories about Sam, like that was my safe place, and it was like being just like, Oh, okay, and now, that's where I'm just super open like whoever or whatever comes to me, or for a person in a

09:49:21 session, or whatever it is like that's who needs to be here.

09:49:24 I don't question it I don't ask questions say no or maybe if



it is scary stuff, you're like, Okay, what do you hear?

09:49:32 For they're like, Oh, this is what I do blah blah blah! it's like well, you're kind of weird.

09:49:37 But all right. You know what I love about this is weird is that people just don't understand Right? So that's what it is, you know.

09:49:44 But it's like you Have to allow them to speak and why are they coming forward, dude?

09:49:49 Maybe they're the ones that are gonna drop the money in your lab.

09:49:52 Or maybe they're the ones that are gonna help you find your soulmate, or whatever the hell it is for you.

09:49:55 You know it's like, I think. that was the point of talking about last night was like, Well, you know she had very close family members pass away, and I was like, Gosh! Why, why wouldn't I know that like and spears, like why would you know that you're not tapping in you're not trying to figure

09:50:09 out who has passed away her life you know so it's that you still are like Oh, my gosh!

09:50:16 Why, I'm not a good medium if I didn't know people that were sort of close to our backs away is like, Well, that's not what we were talking about.

09:50:20 You know we weren't so you just have that like discernment I feel that, too.

09:50:28 You know, obviously clearing I feel that too because I just get a sense to that.

09:50:33 Whatever's gonna come forward is gonna come forward and a lot of times there's different.

09:50:37 Well, there are different times that I'll be like, Oh, God, I can't say that I can't see that are you kidding me right now, and they'll give it to me like 3 or 4 times and I'm like you are

09:50:43 kidding me, and I will say something so outlandish and that kind of thing like I did dream about that last night, and I'm like oh, that wasn't so outlandish.

09:50:50 You know that type of thing it's almost like we need to share what's there.

09:50:55 And however, the audience needs to hear. It's right because that's with that comprehension, and that kind of thing and spirit always says it's not what you want.

09:51:06 It's What you need that's what they bring for But I love? What do you have?

09:51:10 How many spots you have opened in your retreat?

09:51:13 So I am actually at this point for the Sedona retreat.

09:51:17 August ninth through the thirteenth 2022 that kind of blew my mind for a second.

09:51:22 So there's 4 spots left and there's one spot in lodging.

09:51:26 So there's 10 people that are able to stay in the same lodging area and those that are able to come

09:51:33 There's 3 people at this point that already. have a different Airbnb.

09:51:36 That's really close to the lodge so if you do want to come in.

09:51:40 You're just thinking, Well, I'm not sure if I want to stay on site.

09:51:42 You can do this airbnb with others or your own hotels. So that's yeah.

09:51:46 So I have 4 spots open for that Vip launch is happening currently in May.

09:51:52 If you join us through the end of May you can get a discount.

09:51:54 So use the question, which is Monday, Holy shit!

09:51:58 I know. damn it, damn it just like you know coming. So that's happening.

09:52:05 I'm trying to think Erin. thank you so much I forget about this stuff, because I was telling you something I was somebody just recently like very, very open.

09:52:11 I said. I have the hardest time promoting myself or you know that kind of thing.

09:52:14 She's like what should I do next I'm like

09:52:17 You know but I also have Ricky one coming up on June 10. Reiki master is August sixth.

09:52:22 Reiki 2 is at the end of August.

09:52:25 Reiki teaches in September so all that's happening to Oh, my gosh!

09:52:28 My head spinning right now. I'm like no wonder sometimes I feel so overwhelmed.

09:52:32 But thank you for offering that. I mean just offering that opening and being able to share that. I really appreciate it.

09:52:37 And I really appreciate you girlfriend. kindred sister. So yeah, what is going on with you?

09:52:47 The next acoustic records class.

09:52:48 I got some great feedback from the class that just finished so I'm making the program a little bit longer adding some extra things and someone on one like having a one-on-one session. and So it's gonna be a little bit longer.

09:53:00 That's gonna start. I want to say June eighth ish, or maybe a week later.

09:53:05 Ethan's baseball, schedules are still little I don't know I've had some rain dates some kind of like but and then kind of the one to one mastering your spiritual badassery that's

09:53:14 kind of one to one spiritual mentoring it's very very accustomed to you, and what you need to really up level and shift your You know spiritual gifts and everything that's happening and I will be teaching Riki

09:53:27 soon, so I know. I just I took it with you so long ago, and I just hadn't felt called to do it, and finally kind of feel in it.

09:53:36 So that's what we got that's beautiful I just wanna share this real quick.

09:53:40 But what I love about that Erin is like you're gonna teach Reiki to like true to how it needs to come through.

09:53:48 You get to know what I mean? Long time to be okay.

09:53:50 Okay with how I do Reiki because how you taught it like mine. kind of really evolved, and shifted I'm like, you know, I'm like how you know so I felt I felt guilty like I'm not doing

09:53:59 it on other Toby. it's it just didn't feel aligned with how I needed to do it.

09:54:05 So I'm like it. It is how people need people are gonna take it with me.

09:54:10 You're gonna need how I teach it so it's just having that openness like it's not bad.

09:54:14 It's just evolved my all my spiritual practices have evolved.

09:54:19 And you know, if we're always doing the same thing even 20 years later, you know, are we not learning? Are we not growing like It's okay to evolve what you do?

09:54:27 And make it absolutely that vibration. and people can just find that on your website, right?

09:54:32 Yup vintage moons dot com and heather is at Heather Corbet medium spiritual advisor dot com.

09:54:37 You just malled it. I was hilarious. Oh, my gosh, thank you, Erin.